

CHOOSING YOUR SIZE

Measuring yourself and choosing the appropriate size is the best way to get a good fit. For this pattern, I recommend choosing your body size based on your full chest measurement and your sleeve size based on your upper arm measurement.

Below is an example of how I chose my sample size, and to the right is a space for you to record your own size choice. All the information you need to choose your size is in this document.

EXAMPLE

My full chest measurement is 52". My bicep measurement is 22". I wanted a close fit.

I chose Body Size **6** and Sleeve Size **G**. This gives me 3" bust ease and 3" upper arm ease.

My Combined Size is **6G**. Referring to the table on [page 3](#), I can see that my Yoke Size is **Y10**.

Your Sizes

Use this space to note your sizes and refer back to them as needed.

You can work in inches or centimetres, but be consistent!

Full Chest your measurement _____

Upper Arm your measurement _____

Body Size based on full chest [Page 2](#) _____

Sleeve Size based on upper arm [Page 2](#) _____

Combined Size body, sleeve _____

Yoke Size based on combined size [Page 3](#) _____

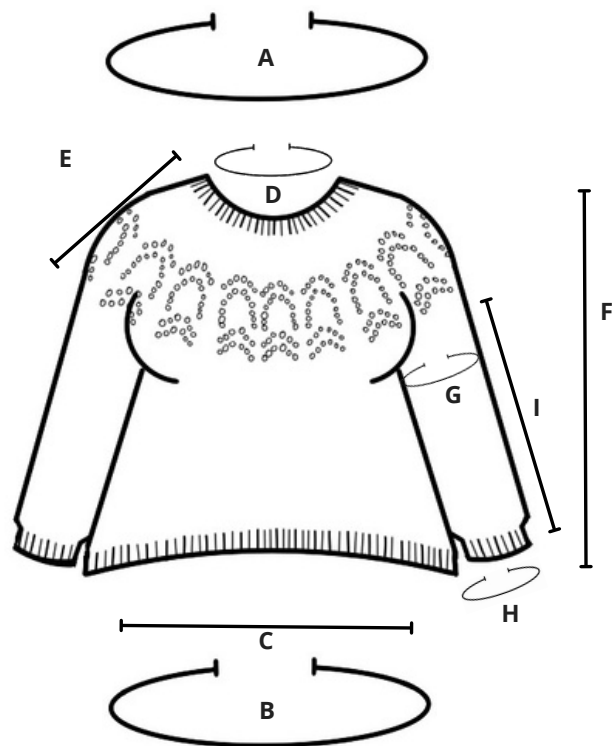
Notes:

SIZING

Belfort is knit top down, seamlessly, using a circular yoke construction method.

Refer to the schematic and tables below, and tables on the next page, to see the garment measurements for each size.

SCHEMATIC



KEY

- A:** yoke circumference
- B:** chest circumference
- C:** body width (flat)
- D:** neck circumference
- E:** yoke depth (flat)
- F:** total length (at back)
- G:** sleeve circumference
- H:** cuff circumference
- I:** sleeve length (from bottom of yoke)

EASE

Bust: approx. 2-8" / 5-20cm
Sleeve: approx. 2-6" / 5-15cm

Sample A (copper) is shown with 3" / 7.5cm chest ease and 3" / 7.5cm bicep ease.

Measurement I is 15" / 37.5cm for all sizes, and is easily adjusted (see pattern file).

BODY SIZES

Size	B	C
1	30.0" / 75.0cm	15.0" / 37.5cm
2	35.0" / 87.5cm	17.5" / 44.0cm
3	40.0" / 100.0cm	20.0" / 50.0cm
4	45.0" / 112.5cm	22.5" / 56.5cm
5	50.0" / 125.0cm	25.0" / 62.5cm
6	55.0" / 137.5cm	27.5" / 69.0cm
7	60.0" / 150.0cm	30.0" / 75.0cm
8	65.0" / 162.5cm	32.5" / 81.5cm
9	70.0" / 175.0cm	35.0" / 87.5cm
10	75.0" / 187.5cm	37.5" / 94.0cm

SLEEVE SIZES

Size	G	H
A	10.0" / 25.0cm	5.00" / 12.5cm
B	12.5" / 31.5cm	6.25" / 15.5cm
C	15.0" / 37.5cm	7.50" / 19.0cm
D	17.5" / 44.0cm	8.75" / 22.0cm
E	20.0" / 50.0cm	10.00" / 25.0cm
F	22.5" / 56.5cm	11.25" / 28.0cm
G	25.0" / 62.5cm	12.50" / 31.5cm
H	27.5" / 69.0cm	13.75" / 34.5cm
I	30.0" / 75.0cm	15.00" / 37.5cm
J	32.5" / 81.5cm	16.25" / 40.5cm

SIZING

Belfort

YOKE SIZE LOOKUP

Once you have chosen your body and sleeve sizes, look up your yoke size below.

	1	2	3	4	5	6	7	8	9	10
A	Y1	Y2	Y3	Y4	Y5	Y6	Y7	Y8	Y9	Y10
B	Y2	Y3	Y4	Y5	Y6	Y7	Y8	Y9	Y10	Y11
C	Y3	Y4	Y5	Y6	Y7	Y8	Y9	Y10	Y11	Y12
D	Y4	Y5	Y6	Y7	Y8	Y9	Y10	Y11	Y10	Y13
E	Y5	Y6	Y7	Y8	Y9	Y10	Y11	Y10	Y11	Y12
F	Y6	Y7	Y8	Y9	Y10	Y11	Y10	Y11	Y12	Y13
G	Y7	Y8	Y9	Y10	Y11	Y10	Y11	Y12	Y13	Y14
H	Y8	Y9	Y10	Y11	Y10	Y11	Y12	Y13	Y14	Y15
I	Y9	Y10	Y11	Y12	Y11	Y12	Y13	Y14	Y15	Y14
J	Y10	Y11	Y12	Y13	Y12	Y13	Y14	Y15	Y14	Y15

YOKE SIZES

Refer to the schematic on the previous page.

Reminder: the values below are the **garment measurements**.

Size	A	D	E	F
Y1	40.0" / 100.0cm	18.25" / 45.5cm	8.25" / 20.5cm	18.00" / 45.0cm
Y2	45.0" / 112.5cm	20.50" / 51.5cm	8.25" / 20.5cm	18.00" / 45.0cm
Y3	50.0" / 125.0cm	21.75" / 54.5cm	8.25" / 20.5cm	18.00" / 45.0cm
Y4	55.0" / 137.5cm	21.75" / 54.5cm	9.25" / 23.0cm	19.00" / 47.5cm
Y5	60.0" / 150.0cm	22.25" / 55.5cm	9.25" / 23.0cm	19.00" / 47.5cm
Y6	65.0" / 162.5cm	22.25" / 55.5cm	9.25" / 23.0cm	19.00" / 47.5cm
Y7	70.0" / 175.0cm	22.25" / 55.5cm	9.25" / 23.0cm	19.00" / 47.5cm
Y8	75.0" / 187.5cm	22.75" / 57.0cm	9.25" / 23.0cm	19.00" / 47.5cm
Y9	80.0" / 200.0cm	24.50" / 61.5cm	9.25" / 23.0cm	19.00" / 47.5cm
Y10	85.0" / 212.5cm	26.25" / 65.5cm	10.50" / 26.5cm	20.25" / 50.5cm
Y11	90.0" / 225.0cm	27.50" / 69.0cm	10.50" / 26.5cm	20.25" / 50.5cm
Y12	95.0" / 237.5cm	29.25" / 73.0cm	10.50" / 26.5cm	20.25" / 50.5cm
Y13	100.0" / 250.0cm	30.75" / 77.0cm	10.75" / 27.0cm	20.50" / 51.5cm
Y14	105.0" / 262.5cm	32.00" / 80.0cm	10.75" / 27.0cm	20.50" / 51.5cm
Y15	110.0" / 275.0cm	33.75" / 84.5cm	10.75" / 27.0cm	20.50" / 51.5cm

Note: You should not choose which size to knit based on your yoke measurements. These are given to help you block your work and check it as you're knitting. Sizes should be chosen as per the instructions on [page 1](#).

YARN REQUIREMENTS (YARDS)

Belfort

YARN REQUIREMENTS

Yarn weight: 4-ply & lace, held double
Gauge: 13 stitches & 20 rows = 4" / 10cm in lace and stockinette

The table opposite shows the yarn requirement for each body and sleeve size combination.

You will need to adjust this number if you make any modifications - see below.

ADJUSTING BODY LENGTH

Each 1" / 2.5cm added to (omitted from) the body will require 14 (17, 19, 21) [24, 26, 29] (31, 33, 36) additional (fewer) yards of **each** yarn.

ADJUSTING SLEEVE LENGTH

Each 1" / 2.5cm added to (omitted from) the sleeves will require 10 (12, 14, 17) [19, 21, 24] (26, 29, 31) additional (fewer) yards of each yarn. This is enough for **both** sleeves.

YARDS

Body Size

	1	2	3	4	5	6	7	8	9	10
A	417	458	495	536	578	628	665	706	742	784
B	468	504	550	587	637	674	715	756	793	829
C	513	559	596	646	687	724	765	802	839	880
D	568	605	660	697	733	775	811	852	889	944
E	614	669	706	742	784	820	862	875	912	949
F	678	715	756	793	834	871	884	921	962	1013
G	724	765	802	843	880	894	930	971	1026	1063
H	775	816	852	889	903	939	981	1036	1077	1113
I	825	862	898	939	953	990	1045	1086	1123	1136
J	871	912	949	1004	998	1054	1095	1132	1145	1187

sleeve Size

EXAMPLE

Sample B, size 1A, was adjusted to be 4" shorter in both body and sleeves.

The yardage requirement for size 1A is 417 yards.

The yardage requirement 1" of the body for size 1 is 14 yards. $14 \times 4 = 56$ yards.

The yardage requirement for 1" of the sleeve for size A is 10 yards. $10 \times 4 = 40$ yards.

$417y$ (original requirement) - $56y$ (4" on the body) - $40y$ (4" on both sleeves) = $321y$ (new requirement).

YARN REQUIREMENTS (METRES)

Belfort

YARN REQUIREMENTS

Yarn weight: 4-ply & lace, held double
Gauge: 13 stitches & 20 rows = 4" / 10cm in lace and stockinette

The table opposite shows the yarn requirement for each body and sleeve size combination.

You will need to adjust this number if you make any modifications - see below.

ADJUSTING BODY LENGTH

Each 1" / 2.5cm added to (omitted from) the body will require 13 (16, 17, 19) [22, 24, 27] (28, 30, 33) additional (fewer) metres of **each** yarn.

ADJUSTING SLEEVE LENGTH

Each 1" / 2.5cm added to (omitted from) the sleeves will require 9 (11, 13, 16) [17, 19, 22] (24, 27, 28) additional (fewer) metres of each yarn. This is enough for **both** sleeves.

METRES

Body Size

	1	2	3	4	5	6	7	8	9	10
A	381	419	453	490	529	574	608	646	678	717
B	428	461	503	537	582	616	654	691	725	758
C	469	511	545	591	628	662	700	733	767	805
D	519	553	604	637	670	709	742	779	813	863
E	561	612	646	678	717	750	788	800	834	868
F	620	654	691	725	763	796	808	842	880	926
G	662	700	733	771	805	817	850	888	938	972
H	709	746	779	813	826	859	897	947	985	1018
I	754	788	821	859	871	905	956	993	1027	1039
J	796	834	868	918	913	964	1001	1035	1047	1085

sleeve Size

EXAMPLE

Sample B, size 1A, was adjusted to be 4" shorter in both body and sleeves.

The yardage requirement for size 1A is 381 metres.

The metreage requirement 1" of the body for size 1 is 13 metres. $13 \times 4 = 52$ metres.

The metreage requirement for 1" of the sleeve for size A is 9 metres. $9 \times 4 = 37$ metres.

$381\text{m (original requirement)} - 52\text{m (4" on the body)} - 37\text{m (4" on both sleeves)} = 292\text{m (new requirement)}$.

