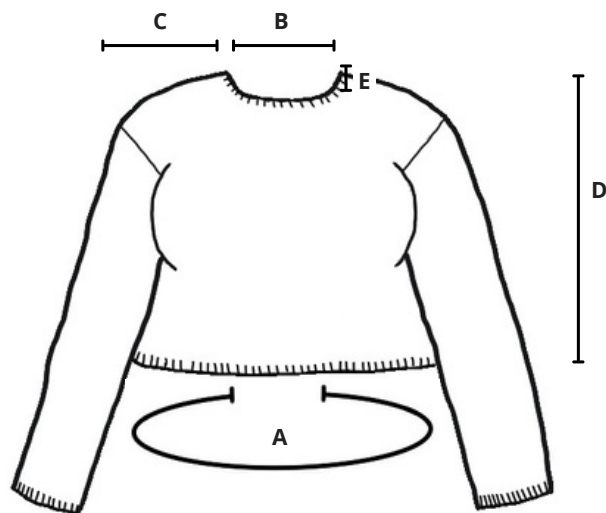


# SIZING AND YARN REQUIREMENTS

## Foundation

Refer to the schematic and table below to see the **garment measurements** for each size. You can choose any body size and any sleeve size and use them together. All sleeves are 20" long, but can be adjusted. Instructions are included in the pattern.

- A:** bust / waist (circumference)
- B:** neck opening
- C:** neck to shoulder seam
- D:** length (shoulder to hem)
- E:** front neck drop



### BODY SIZE CHART

Size	A	B	C	D	E
1	36" / 90.0cm	7.5" / 19.0cm	4.25" / 10.5cm	19" / 47.5cm	1.5" / 4.0cm
2	39" / 97.5cm	8.0" / 20.0cm	4.75" / 12.0cm	19" / 47.5cm	1.5" / 4.0cm
3	42" / 105.0cm	8.0" / 20.0cm	5.50" / 14.0cm	19" / 47.5cm	1.5" / 4.0cm
4	45" / 112.5cm	8.5" / 21.5cm	6.00" / 15.0cm	19" / 47.5cm	1.5" / 4.0cm
5	48" / 120.0cm	8.5" / 21.5cm	6.75" / 17.0cm	19" / 47.5cm	1.5" / 4.0cm
6	51" / 127.5cm	8.5" / 21.5cm	7.50" / 19.0cm	19" / 47.5cm	1.5" / 4.0cm
7	54" / 135.0cm	9.0" / 22.5cm	8.00" / 20.0cm	19" / 47.5cm	2.5" / 6.0cm
8	57" / 142.5cm	9.0" / 22.5cm	8.75" / 22.0cm	19" / 47.5cm	2.5" / 6.0cm
9	60" / 150.0cm	9.0" / 22.5cm	9.50" / 24.0cm	19" / 47.5cm	2.5" / 6.0cm
10	63" / 157.5cm	9.5" / 24.0cm	10.00" / 25.0cm	19" / 47.5cm	2.5" / 6.0cm
11	66" / 165.0cm	9.5" / 24.0cm	10.75" / 27.0cm	19" / 47.5cm	2.5" / 6.0cm
12	69" / 172.5cm	9.5" / 24.0cm	11.50" / 29.0cm	19" / 47.5cm	2.5" / 6.0cm

### SLEEVE SIZE CHART

Size	Armscye Depth	Bicep Circumference	Wrist Circumference
A	5" / 12.7cm	10" / 25.4cm	6.0" / 15.2cm
B	6" / 15.2cm	12" / 30.5cm	7.5" / 19.0cm
C	7" / 17.8cm	14" / 35.6cm	7.5" / 19.0cm
D	8" / 20.3cm	16" / 40.6cm	7.5" / 19.0cm
E	9" / 22.9cm	18" / 45.7cm	9.0" / 22.9cm
F	10" / 25.4cm	20" / 50.8cm	9.0" / 22.9cm
G	11" / 27.9cm	22" / 55.9cm	9.0" / 22.9cm
H	12" / 30.5cm	24" / 60.1cm	10.5" / 26.7cm
I	13" / 33.0cm	26" / 66.0cm	10.5" / 26.7cm
J	14" / 35.6cm	28" / 71.1cm	10.5" / 26.7cm
K	15" / 38.1cm	30" / 76.2cm	12.0" / 30.5cm
L	16" / 40.6cm	32" / 81.3cm	12.0" / 30.5cm

# SIZING AND YARN REQUIREMENTS

*Foundation*

## YARN REQUIREMENTS

Yarn weight: light fingering, held double (heavy DK / light worsted also works!)

Gauge: 16 st & 24 rows = 4" in stockinette

## METRES

		Sleeve Size											
		A	B	C	D	E	F	G	H	I	J	K	L
Body Size	1	1251	1321	1391	1430	1505	1594	1647	1765	1787	1916	1978	2006
	2	1318	1387	1458	1497	1571	1661	1714	1832	1854	1983	2045	2072
	3	1390	1460	1530	1569	1644	1733	1786	1905	1926	2055	2117	2145
	4	1462	1531	1601	1640	1715	1804	1858	1976	1997	2126	2188	2216
	5	1534	1603	1674	1713	1787	1877	1930	2048	2069	2198	2261	2288
	6	1606	1675	1745	1784	1859	1948	2002	2120	2141	2270	2332	2360
	7	1698	1768	1838	1877	1952	2041	2094	2212	2234	2363	2425	2453
	8	1773	1842	1912	1951	2026	2115	2169	2287	2308	2437	2499	2527
	9	1847	1916	1987	2026	2100	2190	2243	2361	2382	2511	2573	2601
	10	1920	1989	2060	2099	2173	2263	2316	2434	2456	2585	2647	2674
	11	1994	2064	2134	2173	2247	2337	2390	2508	2530	2659	2721	2748
	12	2068	2138	2208	2247	2322	2411	2464	2582	2604	2733	2795	2823

## YARDS

		Sleeve Size											
		A	B	C	D	E	F	G	H	I	J	K	L
Body Size	1	1369	1445	1522	1564	1646	1744	1802	1931	1955	2096	2164	2195
	2	1442	1517	1595	1638	1719	1817	1875	2004	2028	2169	2237	2267
	3	1521	1597	1674	1716	1799	1896	1954	2084	2107	2248	2316	2347
	4	1599	1675	1751	1794	1876	1974	2033	2162	2185	2326	2394	2424
	5	1678	1754	1831	1874	1955	2053	2111	2241	2263	2405	2474	2503
	6	1757	1832	1909	1952	2034	2131	2190	2319	2342	2483	2551	2582
	7	1858	1934	2011	2053	2135	2233	2291	2420	2444	2585	2653	2684
	8	1940	2015	2092	2134	2216	2314	2373	2502	2525	2666	2734	2765
	9	2021	2096	2174	2216	2297	2396	2454	2583	2606	2747	2815	2845
	10	2100	2176	2254	2296	2377	2476	2534	2663	2687	2828	2896	2925
	11	2181	2258	2335	2377	2458	2557	2615	2744	2768	2909	2977	3006
	12	2262	2339	2416	2458	2540	2638	2696	2825	2849	2990	3058	3088

## ADJUSTING BODY LENGTH

Each additional body row worked with no shaping will require approximately (13, 14, 16, 17) [18, 19, 21, 22] (23, 24, 26, 27) additional metres, or (14, 16, 17, 18) [20, 21, 23, 24] (25, 27, 28, 29) additional yards (this value covers both the front and back).